



LOWELL, NASHUA & CHELMSFORD  
ORAL SURGERY ASSOCIATES

## **PRE-OPERATIVE INSTRUCTIONS**

### **Patients Having Sedation or General Anesthesia**

If you are planning to “go to sleep” or have medication to help you relax during surgery:

- Do NOT eat or drink anything (including water, lifesavers, chewing gum) for six (6) hours prior to your surgery
- Drink plenty of non-alcoholic liquids the night before your surgery to prevent dehydration
- Take any pre-medication that is provided to you by our office

You MUST be accompanied to our office by a responsible adult who will:

- Wait for you in the waiting room while you have your surgery
- Drive you home after your surgery
- Stay with you for the remainder of the day

Please note:

- If you DO NOT have a responsible adult with you in the office on the day of your surgery, you will not be given any sedation
- Escorts/parents will be asked to wait in the waiting area during your surgical procedure
- Cell phones are not allowed in our surgical rooms – so plan accordingly

Proper attire on the day of your surgery will ensure your safety and comfort:

- Wear loose fitting clothes with short sleeves or sleeves that will roll up easily
- Wear flat, fully enclosed or tie up shoes to make it easier for you to walk when you are still sedated
- Please remove any nail polish, facial or lip piercings and tongue posts

### **Patients having Local Anesthesia Only**

If you expect to have local anesthesia only and be awake for your surgery, please follow these instructions:

- You may drink liquids and eat a light meal prior to your appointment
- Wear loose fitting clothes with short sleeves or sleeves that roll up easily
- Remove any facial or lip piercings and tongue posts
- Note that cell phones will not be allowed in the surgical rooms – so plan accordingly

Special Instructions for the day of your surgery: \_\_\_\_\_

Lowell Oral Surgery  
33 Bartlett St. Suite 405  
Lowell, MA 01852  
(978) 458-1264

Nashua Oral Surgery  
20 Cotton Rd. Suite 202  
Nashua, NH 03063  
(603) 595-9119

Chelmsford Oral Surgery  
26 North Rd. 2<sup>nd</sup> Floor  
Chelmsford, MA 01824  
(978) 328-0432