



**Lowell & Nashua
Oral Surgery Associates
Chelmsford Oral Surgery**

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PRE-OPERATIVE INSTRUCTIONS

Patients Having Sedation or General Anesthesia

If you are planning to “go to sleep” or have medication to help you relax during surgery:

- Do NOT eat or drink anything (including water, lifesavers, chewing gum) for six (6) hours prior to your surgery
- Drink plenty of non-alcoholic liquids the night before your surgery to prevent dehydration
- Take any pre-medication that is provided to you by our office

You MUST be accompanied to our office by a responsible adult who will:

- Wait for you in the waiting room while you have your surgery
- Drive you home after your surgery
- Stay with you for the remainder of the day

Please note:

- If you DO NOT have a responsible adult with you in the office on the day of your surgery, you will not be given any sedation
- Escorts/parents will be asked to wait in the waiting area during your surgical procedure
- Cell phones are not allowed in our surgical rooms – so plan accordingly

Proper attire on the day of your surgery will ensure your safety and comfort:

- Wear loose fitting clothes with short sleeves or sleeves that will roll up easily
- Wear flat, fully enclosed or tie up shoes to make it easier for you to walk when you are still sedated
- Please remove any nail polish, facial or lip piercings and tongue posts

Patients having Local Anesthesia Only

If you expect to have local anesthesia only and be awake for your surgery, please follow these instructions:

- You may drink liquids and eat a light meal prior to your appointment
- Wear loose fitting clothes with short sleeves or sleeves that roll up easily
- Remove any facial or lip piercings and tongue posts
- Note that cell phones will not be allowed in the surgical rooms – so plan accordingly

Special Instructions for the day of your surgery: _____

NOTE: *All patients should bring a Photo ID along, as one may be required to pick up medication from the pharmacy.*